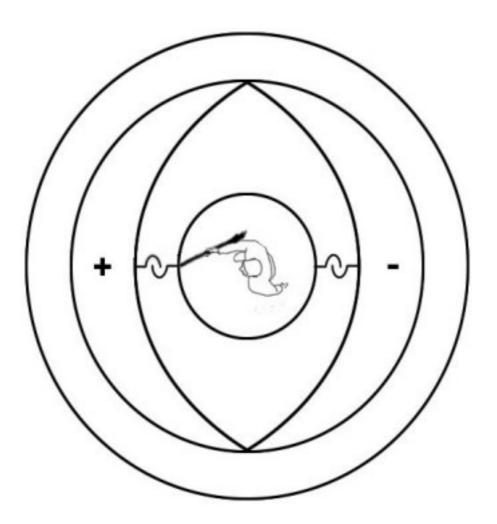


RITE OF THE MASCULINE AND FEMININE

The function of this ritual is to cleanse your masculine and feminine parts. You project them outside of you, purify them and then re-absorb them back in you once cleansed.



On the ground draw the figure shown here (see fig.1) or if you prefer draw the figure on a cloth or plastic sheet, so you can have it available each time you want to practise this ritual.

Charge 3 times the inner circle (draw-charge-stabilize) and then once the outer circle, in the opposite direction.

Charge the two half - moons and the plus and minus signs, drawing these (the half - moons and the + and - signs) only once.

In the centre of the figure, charge around yourself a small central circle (draw charge-stabilize).

Draw the connections (see illustration) - only once.

The plus sign (+) conventionally represents the masculine part, the minus sign (-) represents the feminine.

Turn towards the figure with the (+) sign, recall your masculine parts.

With the staff touch the point of connection on your small circle.

Transfer the essence of your masculine parts, letting them flow into the (+) half -moon, this operation takes about 10 minutes.

Do the same with your feminine parts, pointing the staff towards the half moon with the (-) sign.

Draw a continuous line with an arrow pointing towards you, to connect the (-) half-moon and the (+) half-moon with the small circle.

Recall to you the two cleansed parts now, letting them flow into the small central circle where you are, for at least 10 minutes, giving time to your energy system to re-absorbe them.

The arrows can be made over the connections or to the side. Cancel the figure and leave.

