



DAMANHUR ALCHEMY SCHOOL

EXERCISE FOR REMOVING NON-POSITIVE PARTS FROM SUBSTANCE

Material needed:

A small bottle with purified water and one with a substance we have prepared that we want to "clean".

Decide what to take away from the substance, for example, some anxiety, or something negative that was inserted while we were preparing our substances.

To remove parts from a substance

Make the alembic

Use the spout to take the unwanted element from the substance.

It is then poured into a small bottle with purified water always with the spout and the blow.

Before throwing away the water containing the unwanted substance, put it on your frequency.