



DAMANHUR ALCHEMY SCHOOL

HOW TO ENTER AND EXIT FROM A CIRCLE

"a circle is elastic, it's a bubble we move with us"

the Staff can go through it but if we, with our body, go further and touch the ground with both feet we break it

HOW TO ENTER AND EXIT FROM A CIRCLE

- To enter and exit from the figures, we stand outside/inside by making the Staff go back and forth on a point and then on another one
- we thus open a door
- which must soon be closed again
- by going over the perimeter of the incision back and forth, this way we close it again

**EACH ONE OPENS AND CLOSSES ONLY THE FIGURES/CIRCLES
DRAWN BY ITS OWN STAFF**

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