



DAMANHUR ALCHEMY SCHOOL

## **HOW TO ENTER AND EXIT FROM A CIRCLE**

**"a circle is elastic, it's a bubble we move with us"**

the Staff can go through it but if we, with our body, go further and touch the ground with both feet we break it

### **HOW TO ENTER AND EXIT FROM A CIRCLE**

- To enter and exit from the figures, we stand outside/inside by making the Staff go back and forth on a point and then on another one
- we thus open a door
- which must soon be closed again
- by going over the perimeter of the incision back and forth, this way we close it again

**EACH ONE OPENS AND CLOSSES ONLY THE FIGURES/CIRCLES  
DRAWN BY ITS OWN STAFF**

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